

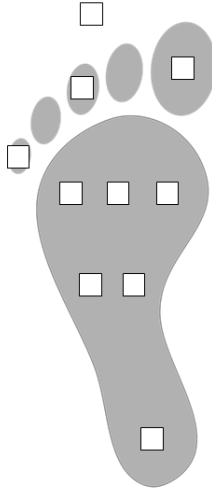
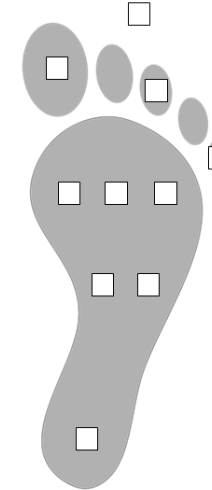
Diabetic Foot Ulcer Risk Stratification & Referral Algorithm

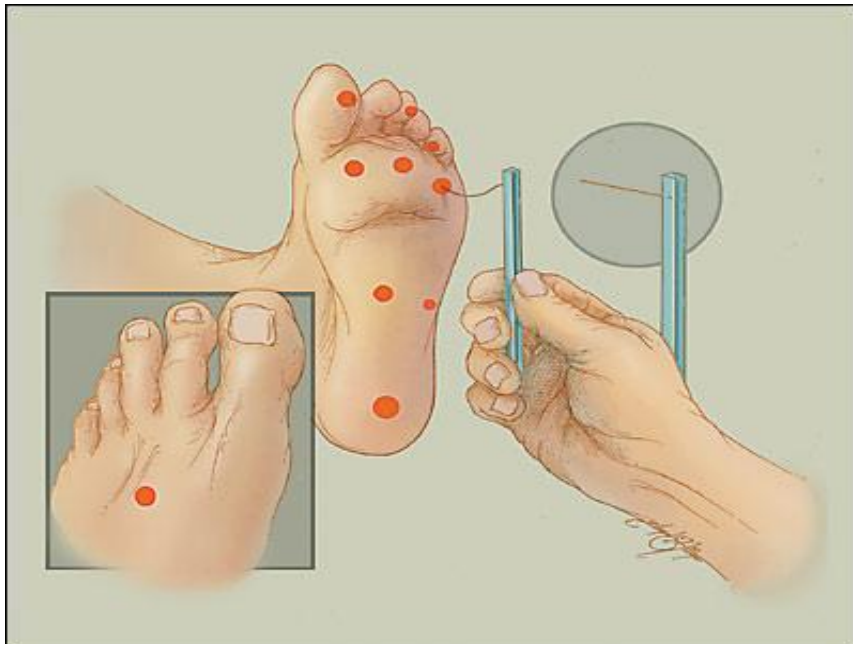
*See reverse of form for instruction and clinical tips related to this item

Step 1: Risk assessment

Step 2: Determine foot ulcer risk

Step 3: Determine follow-up plan

<p>PHX: Amputation Yes <input type="checkbox"/> No <input type="checkbox"/> Ulcer Yes <input type="checkbox"/> No <input type="checkbox"/> PAD Yes <input type="checkbox"/> No <input type="checkbox"/></p> <table border="1"> <thead> <tr> <th>Right</th> <th>Left</th> </tr> </thead> <tbody> <tr> <td>Dorsalis</td> <td>Pedis</td> </tr> <tr> <td>Yes <input type="checkbox"/> No <input type="checkbox"/></td> <td>Yes <input type="checkbox"/> No <input type="checkbox"/></td> </tr> <tr> <td>Posterior Tibial</td> <td></td> </tr> <tr> <td>Yes <input type="checkbox"/> No <input type="checkbox"/></td> <td>Yes <input type="checkbox"/> No <input type="checkbox"/></td> </tr> <tr> <td>Deformity</td> <td></td> </tr> <tr> <td>Yes <input type="checkbox"/> No <input type="checkbox"/></td> <td>Yes <input type="checkbox"/> No <input type="checkbox"/></td> </tr> </tbody> </table> <p>Monofilament Testing:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>/10</p> </div> <div style="text-align: center;">  <p>/10</p> </div> </div>	Right	Left	Dorsalis	Pedis	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Posterior Tibial		Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Deformity		Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	<div style="background-color: #ffcccc; padding: 10px;"> <input type="checkbox"/> PHX amputation </div> <div style="background-color: #ffccff; padding: 10px;"> <input type="checkbox"/> PHx ulcer OR <input type="checkbox"/> Active ulcer </div> <div style="background-color: #ffcc00; padding: 10px;"> <input type="checkbox"/> HX PAD OR <input type="checkbox"/> *Absence of both PT & DP pulses on either foot <input type="checkbox"/> *Deformity AND *Neuropathy ≤6/10 monofilament sensitivity on either foot </div> <div style="background-color: #ffff00; padding: 10px;"> <input type="checkbox"/> *Loss of protective sensation ≤6/10 sensitivity on either foot to monofilament testing </div> <div style="background-color: #ccffcc; padding: 10px;"> <input type="checkbox"/> Low foot ulcer risk </div> <p>Comments:</p>	<div style="background-color: #cccccc; padding: 10px; text-align: center;"> <input type="checkbox"/> 3b </div> <div style="background-color: #cccccc; padding: 10px; text-align: center;"> <input type="checkbox"/> 3a </div> <div style="background-color: #cccccc; 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Deformity

Bony and soft tissue deformities include: toe deformities (claw, hammer and mallet toes), bunions (hallux valgus), Charcot's joint, blister, callus/corn, fungal infection and prominent metatarsal heads with inadequate soft tissue padding. Limited joint mobility (ankle and great toe).

Build an interdisciplinary team using the South West Regional Wound Care Program Diabetic Foot Referral Tool at

<http://swrwoundcareprogram.ca/DiabeticFootUlcer>



Dorsalis Pedis: To palpate pulse, place fingers just lateral to the extensor tendon of the great toe. If you cannot feel a pulse, move fingers more laterally.



Posterior Tibial: To palpate pulse, place fingers behind and slightly below the medial malleolus of the ankle. In an obese or edematous ankle, the pulse may be more difficult to feel.

Note: To enhance technique: Assume a comfortable position for you and the client. Place hand in position and linger on the site. Varying pressure may assist in picking up a weak pulsation. Do not confuse client's pulse with your own pulsating fingertips. Use your carotid pulse for comparison, if needed.